What do layer chickens eat? 1

- Corn (56%)
- Soybean Meal (16%)
- Limestone (9%)
- Dried Distillers Grains (8%)
- Other (11%)

4 Categories of Nutrients in Layer Diets:
- Protein
- Minerals
- Vitamins
- Energy

Top states for egg production are Iowa, Ohio, Indiana, Pennsylvania & Texas. 1

1/4 – 1/3 Pound
Average daily feed intake of laying hens 2

Eggs are an Excellent Source of 12 Key Nutrients 3 in Human Diets:
- Calcium
- Folate
- Iron
- Manganese
- Potassium
- Selenium
- Riboflavin
- Vitamin A
- Vitamin B5
- Vitamin B12
- Vitamin E
- Zinc


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