BEHIND THE FISH

613K TONS =
amount of feed

515M U.S. FISH
consumed in 2019¹

4 CATEGORIES OF NUTRIENTS IN FISH DIETS:

- Protein
- Minerals
- Vitamins
- Energy

WHAT DO FISH EAT?¹

- Soybean Meal (33%)
- Cottonseed Meal (14%)
- Corn (12%)
- Wheat Middlings (10%)
- Dried Distillers Grains (11%)
- Other (20%)

Top fish-producing states are Mississippi, Alabama, Idaho, North Carolina & Texas.¹

FISH IS AN EXCELLENT SOURCE OF 10 KEY NUTRIENTS³ IN HUMAN DIETS:

- Calcium
- Iodine
- Iron
- Omega-3 Fatty Acids
- Magnesium
- Riboflavin
- Phosphorus
- Potassium
- Vitamin D
- Zinc


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